



- Mount Saint Joseph Hospital
- St. Paul's Hospital

## HEALTH HISTORY – PATIENT QUESTIONNAIRE

Patient Name: \_\_\_\_\_

Male  Female Birth Date: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Alternative Phone Number: \_\_\_\_\_

**Do you have or have you ever had any of the following? (tick all that apply)**

- I have had **problems** with local freezing (anesthetic) or general anesthetic (specify) \_\_\_\_\_
- A blood relative of mine has had **problems** with local freezing (anesthetic) or general anesthetic (specify) \_\_\_\_\_
- I have trouble or difficulty opening my mouth or moving my neck
- I have been a smoker for \_\_\_\_\_ years How many cigarettes a day? \_\_\_\_\_
- I drink alcohol How much do you drink in a week? \_\_\_\_\_
- I use street drugs Types: \_\_\_\_\_
- I am pregnant or could be pregnant Due Date: \_\_\_\_\_ or Date of last menstrual period: \_\_\_\_\_
- I have general body pain  I have ongoing pain Where? \_\_\_\_\_
- I am HIV positive

**Tell Us About Your Medical History (tick all that apply)**

**HEART**

- Chest Pain or Angina How often: \_\_\_\_\_ Last date: \_\_\_\_\_
- I get chest pain, pressure, or tightness when I climb 2 flights of stairs or less
- Heart Attack(s) Date of most recent: \_\_\_\_\_  Abnormal ECG/Heart Tracing
- High Blood Pressure for \_\_\_\_\_ years  Congestive Heart Failure for \_\_\_\_\_ years
- Irregular Heart Beat, Palpitations  Automatic Implantable Cardioverter Defibrillator (AICD) Date \_\_\_\_\_
- Heart Murmur, Valve Problems, Leaky Valve  Pacemaker Date: \_\_\_\_\_
- Heart Surgery or Bypass Surgery Date: \_\_\_\_\_  Angioplasty Date: \_\_\_\_\_

**BREATHING**

- I have been admitted to the hospital within the last 6 months with shortness of breath
- I have trouble breathing or become short of breath when I climb 2 flights of stairs or less
- I get short of breath walking 2 block or less
- I have Asthma  I use puffers regularly and/or frequently How often? \_\_\_\_\_
- I have gone to the emergency department because of my asthma Date: \_\_\_\_\_
- I have Chronic Obstructive Pulmonary Disease (emphysema or chronic bronchitis)  I use home oxygen
- I have Sleep Apnea (stop breathing while you're sleeping)  I use a CPAP machine  I use a BIPAP machine
- Pneumonia in the past Last treated: \_\_\_\_\_  Tuberculosis Date treated: \_\_\_\_\_

**CIRCULATION**

- I have a lot of bruising or bleeding that does NOT seem to have a cause  I take blood thinners:
- I have a bleeding or clotting disorder  I have hemophilia  Aspirin
- Blood clots in lungs (pulmonary embolism)  Blood clots in legs (DVT)  Warfarin or Coumadin
- Other: \_\_\_\_\_  Plavix

**PHYSICAL ACTIVITY / FUNCTION/ SOCIAL SUPPORT**

- I go for a walk \_\_\_\_\_ times per week  I use walker or cane  I have fallen in last 3 months
- I need help with eating, bathing, dressing, toileting and walking  My family helps me with cleaning, driving, shopping, cooking
- I receive community home support  My memory is not as good as before  I need help with taking my medication

**DIGESTIVE SYSTEM**

- In the last 6 months I have lost weight without trying:  2 to 13 lb  14 to 23 lb  24 to 33 lb  more than 34 lb  unsure
- I have been eating poorly because of a decreased appetite or chewing/swallowing difficulties
- Heart burn, hiatus hernia, gastric reflux

**LIVER**

- Hepatitis or Jaundice (yellowing in the skin)  Cirrhosis

**ENDOCRINE**

- Thyroid Problems: \_\_\_\_\_
- Diabetes  Taking insulin  Taking pills  Diet controlled





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### KIDNEYS

- Bladder problems
- On Hemodialysis
- Prostate problems
- On Peritoneal dialysis
- Kidney problems
- Kidney transplant
- Kidney failure
- Date: \_\_\_\_\_

### MUSCLES / JOINTS / NERVES

- History of weakness, paralysis, numbness, black outs (specify) \_\_\_\_\_
- Arthritis
- Stroke Date: \_\_\_\_\_
- Seizures/Epilepsy: \_\_\_\_\_
- Osteoarthritis
- Rheumatoid arthritis
- Mini-stroke (TIA) Date: \_\_\_\_\_
- Multiple Sclerosis
- Myasthenia Gravis
- Muscular Dystrophy

### Have you ever had a:

- Exercise stress test (treadmill)
- Nuclear medicine heart scan (MIBI) test
- Heart catheterization (angiogram)
- Heart echo test (ultrasound of the heart)
- Holter monitor (worn a heart monitor for 24 hours)
- Lung function test (Pulmonary function test)

### Where was the test done?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### When?

Date: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Date: \_\_\_\_\_

### Have you ever been seen by a:

- Heart Specialist (Cardiologist)
- Lung Specialist (Respirologist)
- Nerve Specialist (Neurologist)
- Blood Specialist (Hematologist)
- Other Specialist: \_\_\_\_\_
- Other Specialist: \_\_\_\_\_

### Name of Doctor?

Dr. \_\_\_\_\_  
 Dr. \_\_\_\_\_  
 Dr. \_\_\_\_\_  
 Dr. \_\_\_\_\_  
 Dr. \_\_\_\_\_  
 Dr. \_\_\_\_\_

### When?

Date: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Date: \_\_\_\_\_

### List any surgeries or minor procedures you have had in the past using anesthesia

Operation/Minor procedure	Where was it done?	When?
_____	_____	Date: _____
_____	_____	Date: _____
_____	_____	Date: _____

### Do you have any allergies? (for example: medicine, food, latex, tape, bandages)

I am allergic to:	My reaction:	I am allergic to:	My reaction:
_____	_____	_____	_____
_____	_____	_____	_____

### List all of the medicines that you take (including herbal, vitamins, and non-prescription drugs)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Tell us about any other serious illnesses or limitations that have not been identified already?

### Questionnaire completed by:

Printed name: \_\_\_\_\_ Date: \_\_\_\_\_  
 If you are not the patient, what is your relationship to the patient? \_\_\_\_\_

### For Pre-Assessment Clinic use only

- Reviewed by PAC RN Signature: \_\_\_\_\_ Date: \_\_\_\_\_
- Reviewed by Anesthesiologist Signature: \_\_\_\_\_ Date: \_\_\_\_\_